



February 2009

Spoke n Wheel

 **Hiawatha Bicycling Club** - Membership Card

Also **Midwest Sport/Ski Council (MSC)** www.midwestfun.org
& **National Ski Federation** www.nationalskifederation.org

For password(s) contact Dan Robinson

jacquara@Charter.net

952-892-0416

HBC Salutes Volunteers March 8

Elegant Banquet Recognizes Many Contributions

Mark your calendar for **Sunday, March 8 at 4:00 p.m.** That's when the fun begins at HBC's *Salute to Volunteers Banquet* held at *Biaggi's Ristorante Italiano* in Eden Prairie. Biaggi's is located at the South end of the Eden Prairie Mall, enter directly from parking lot off Flying Cloud Drive.

Cash bar, free soft drinks, appetizers and social time start at 4:00 p.m. and elegant dining follows at 5:00 p.m. Again this year there will be no auction. Our volunteers will have lots of free time to visit and to enjoy their meal in a leisurely manner.

From our ride leaders to our many team leaders and team members, volunteers have made your club the success that it is today --- a significant presence on the Twin Cities cycling scene where fun, friends, fitness and improving our community through cycling are our key values.

The single focus of our banquet is to thank and recognize the loyal volunteers who keep your club running. The club will also present over 25 ride leaders the coveted *L'Etoile du Nord* cycling jersey.

Biaggi's is an award-winning name in the Twin Cities. They'll offer your meal family style served on large platters at each table.

Begin with appetizers including Mediterranean Pizza and Tomato Mozzarella Caprese, followed by Caesar Salad. Then enjoy a pasta course followed by Chicken Marsala. Accompaniments include garlic mashed potatoes, sautéed spinach and baskets of bread.

Thirsty? Wash your meal down with wines from California, cold beer, your favorite cocktail or assorted soft drinks and coffee. Soft drinks, lemonade, iced tea and coffee are free before or with your meal and you may switch among any one or more of them, as you choose, during the course of the banquet at no charge. Beer, wine and cocktails are available from the cash bar.


If you volunteered for HBC between November 1, 2007 and October 31, 2008 and are an HBC member at banquet time and when you volunteered, you'll enjoy this \$30 banquet value completely **FREE**. That's HBC's way of saying, "Thank you for volunteering!" You'll receive an invitation and postcard reply. You must mail your postcard reply back to us by Monday, February 23 so that it's postmarked no later than February 23. **RSVP's postmarked later than Monday, February 23 cannot be accepted.**

If you're a member who was unable to volunteer in 2008, you're also welcome to attend the banquet. You pay only the reduced rate of \$25. Send your check postmarked no later than Monday, February 23, to HBC Salute to Volunteers, P.O. Box 24920, Minneapolis MN 55424.

Mark your calendar now for Sunday, March 8. Remember, your RSVP postcard (volunteers) or check mailing (nonvolunteers) must be postmarked on or before, Monday, February 23, to reserve your place at this stellar event. We're sorry but we're not able to accept your reservation, if it's not postmarked by February 23.

Questions - Call Bob Bowen at 651-690-0572 regarding qualifying to attend free, and call Wilbur Thomas at 952-935-1672 regarding the banquet.

All riders participating in rides after 3:30 pm are required to have front and rear lights!

Day/Date/Time	Ride Name/Description
E-Rides	In addition to the activities listed below, HBC offers rides on short notice by e-mails. Ride Leaders must send notice of e-rides to HBC e-groups no later than 8:00 AM of the day of their e-ride. Watch your e-mail for notices about e-rides and other events.
Wed 4 March 6:00 pm Medium, mostly flat 25 miles approx	Liberty Ride - Start at 272 Vincent Av N (my house). We'll vary our route downriver to Liberty Frozen Custard, stop for coffee or dessert, then home around lakes. <i>Lights required.</i> RSVP to Hans at hansgast@comcast.net or 612-377-6666.
Fri 6 March 8:00 pm 	Birthday Bash! Following bike rides or walks, dinner around 8:00 and cake around 8:30 at Edina D'Amico. Come celebrate riders with March birthdays and new club members! For more info contact Edie Kalweit at 952-707-0401 (home) or 612-532-2554 (cell). <i>Time may vary due to weather and preceding rides.</i>
Sat 7 March 10:30 am Medium, rolling 22-28 miles	Washington County Roads – We will leave from Gateway Cycle, Highway 36 and 120 in Oakdale. Routes will vary. Ride Leader will be Bruce L. Beck, 651-770-5463, cell 651-592-5871 or e-mail at bruce_beck@comcast.net .
Sun 8 March 4:00 pm	Salute to Volunteers Banquet – Banquet will be held at Biaggi's Ristorante Italiano, 8251 Flying Cloud Drive, Eden Prairie, MN. It is located at the South end of the Eden Prairie Mall, enter directly from parking lot off Flying Cloud Drive. This event is free to all HBC Members who volunteered 11/1/07 through 10/31/2008. Non-Volunteer members and guests are welcome to attend for \$25.00 per person. All volunteers who qualify will receive an RSVP card. See story on cover for more details. Questions - Call Bob Bowen at 651-690-0572 regarding qualifying to attend free, and call Wilbur Thomas at 952-935-1672 regarding the banquet.
Sat 14 March 10:30 am Medium, rolling 22-28 miles	Washington County Roads – We will leave from Gateway Cycle, Highway 36 and 120 in Oakdale. Routes will vary. Ride Leader will be Bruce L. Beck, 651-770-5463, cell 651-592-5871 or e-mail at bruce_beck@comcast.net .
Wed 18 March 6:00 pm Medium, mostly flat 25 miles approx	Liberty Ride - Start at 272 Vincent Av N (my house). We'll vary our route downriver to Liberty Frozen Custard, stop for coffee or dessert, then home around lakes. <i>Lights required.</i> RSVP to Hans at hansgast@comcast.net or 612-377-6666.
Sat 21 March 10:30 am Medium, rolling 22-28 miles	Washington County Roads – We will leave from Gateway Cycle, Highway 36 and 120 in Oakdale. Routes will vary. Ride Leader will be Bruce L. Beck, 651-770-5463, cell 651-592-5871 or e-mail at bruce_beck@comcast.net .
Wed 25 March 6:00 pm Medium, mostly flat 25 miles approx	Liberty Ride - Start at 272 Vincent Av N (my house). We'll vary our route downriver to Liberty Frozen Custard, stop for coffee or dessert, then home around lakes. <i>Lights required.</i> RSVP to Hans at hansgast@comcast.net or 612-377-6666.
Sat 4 April 10:30 am Medium, rolling 22-28 miles	Washington County Roads – We will leave from Gateway Cycle, Highway 36 and 120 in Oakdale. Routes will vary. Ride Leader will be Bruce L. Beck, 651-770-5463, cell 651-592-5871 or e-mail at bruce_beck@comcast.net .

<p>Sun 21 June Medium Hilly 350 Total Miles</p>	<p>Glacier Park Ride - We will be arriving in Whitefish Montana by train on June 21st :</p> <p>Day 1: Whitefish to Eureka, 63 miles Mostly Flat Day 2: Eureka to Fernie Canada, 49 miles rolling Day 3: Fernie to Blairmore, 45 miles 1000 foot climb via Crows-nest Pass Day 4: Blairmore to Watertown Village 64 miles Rolling Day 5: Watertown to St. Mary back in the USA 49 miles includes a 1200 foot ascent Day 6: St. Mary to Apgar 50 miles including an ascent through Logan Pass then down 3500 feet to Apgar Day 7: Apgar to Whitefish.</p> <p>We might alter the schedule slightly if we have adverse weather or if any specific day is more difficult than expected. We are leaving St. Paul on Amtrak at about 11pm. We are returning to St. Paul on the 1st of July at about 7:45 am.</p> <p>Important Facts:</p> <ul style="list-style-type: none">You will need a passport to enter CanadaThis ride is not flat—it will include substantial climbsThis is not a “supported ride” so you must carry all your stuff with you on your bikeYou must make your own arrangements for transportation to and from MontanaWe will give you a list of motels but you must make your own reservations <p>Bruce L. Beck will be the Ride Leader, he can be contacted at 651-770-5463, cell 651-592-5871 or bruce_beck@comcast.net.</p>
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HBC Spoke n Wheel

Hiawatha Bicycling Club Newsletter

Hans Gasterland, Editor

Published monthly for members of HBC.
Subscriptions for HBC members only. Free
copies available to qualified individuals.

Our mission is to lead safe, friendly and fun
bike rides for adults, make and distribute
maps of safe bicycle routes, and educate the
public about cycling.

Board Position	Name	Phone
President	Dan Robinson	952.892.0416
Vice President		
Secretary	Becky Hanssen	612.209.8556
Treasurer	Brice Martinson	952.926.1436
Director	Bob Bowen	651.690.0572
Director	Haggith Nadav	651-994-1265
Director	John Zeiss	952-934-4522

Team	Team Leader	Phone
Audit	Marcy Kelash	952-322-1638
Benefits	Bob Bowen	651.690.0572
Volunteer Banquet	Wilbur Thomas	952.935.1672
Calhoun Ride	Chris Burbank	612.529.4247
Insurance/L.A.B.	Bruce Beck	651.770.5463
Hospitality Team	Angel Luther	952.929.6359
Jerseys	Edie Kalweit	952.707.0401
Magic Moccasin	Kay Reis	952.892.5804
Marketing	Heather Gehring	763.476.4117
Membership	Dan Robinson	952.892.0416
Newsletter	Hans Gasterland	612.377.6666
Ride Leaders		
St Paul Classic	Rohanda Victorsen	763.479.2768
Ride Schedule	Janine Stripling (w/Bruce Beck)	651.770.2400
Smart Cycling	Robin Katz	612.801.1230
Social Events	Pat Maloney	952.924.0900
Statistics	Colette Sulser	952.475.3757
Tour D'Amico	Edie Kalweit	952.707.0401
Toys For Tots	Mary Burbank	612.529.4247
Web Atlas	Dan Reuter	952.906.9230
Website Master	Bob Bowen	651.690.0572

www.hiawathabike.org Website has activity
schedule, ride maps, newsletters and more.

Treasurers report on request. See treasurer.

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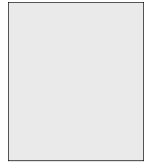
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Members are actively encouraged to submit
articles about activities of club or bicycling in
general. E-mail to news@hiawathabike.org
or regular mail by 15th of previous month.

Hiawatha Bicycling Club
P. O. Box 24920
Minneapolis, MN 55424



Hiawatha Bicycling Club
Post Office Box 24920
Minneapolis MN 55424



Hiawatha Bicycling Club

Membership Card



HBC Newsletter still wants more material!

Imagine your article here, or maybe a humorous bicycling story from your past.
Or you could take a **photo** of something. Our standards are very forgiving.

Send an e-mail to news@hiawathabike.org, or just call Hans at 612-377-6666.



Member Benefits:

- Small, safe, friendly rides
- Over 400 rides a year
- E-group for cycling news & questions
- E-rides - instant notice by e-mail
- Monthly newsletter with ride schedule
- Community rides - Tour D'Amico,
Toys for Tots
- Free annual meeting dinner
- Free banquet for volunteers
- Free cycling jerseys and T-shirts

Join the Fun!

If you are not already a member of HBC,
please come out with us for a "test-ride".
We look forward to meeting you.

If you've been along with us and like it,
why not take a moment right now to join!
Just fire up your trusty computer and go to
http://hiawathabike.org/join_hbc.htm
Then look for the [Membership Application](#).
Print out the form, fill it out, and mail the
form and your check to the address to the
left. Be sure to sign the waiver.

Individual memberships are \$25, or a
whole household can join for \$35.